



North Carolina Safe Sleep Training

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New WIC location in West
Park
1907 Westpark Drive

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Mon., July 14 @ 5:30 pm - West Park
Wed., Aug 13 @ 11:00 am - West Park
Mon., Sept 08 @ 5:30 pm - West Park
Wed., Oct 08 @ 11: 00 am - West Park
Mon., Nov 10 @ 5:30 pm - West Park
Wed., Dec 10 @ 11:00 am - West Park

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This 1-hour class teaches families the safest sleep practices for babies to reduce the risk of Sudden Unexpected Infant Death. To attend, you must be pregnant or up to 3 months postpartum at time of class and a Wilkes resident.

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Attendees will receive a
FREE PACK'N'PLAY or BABY MONITOR (One per infant)

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